



**Phone:** 07 414 665 382  
**Email:** Joshualovelee@gmail.com  
**Website:** Mindfulnesstherapyhub.weebly.com

**We have agreed to work together on the following basis:**

1. Sessions last for 60 minutes and take place weekly, at the same time and day. The agreed fee is £40 per session, paid on the day by BACS payment before the start of the session; (Joshua Lee; Lloyds Bank; Code: 777303; Account: 38897660)  
\*This fee reflects my trainee status and will increase post-accreditation.
2. We have agreed to work together for a minimum of 6 sessions. This will enable us to discuss your therapy needs and see if working together long term is right for you.
3. If you have any difficulties attending an appointment, please notify me as soon as possible. No charge will be made for appointments cancelled with 48 hours notice. Appointments cancelled with less than 48 hours notice will incur a fee of £20 to cover overheads. The full standard fee of £40 will apply if you don't attend an appointment without giving any notice.
4. I do not work for 5 weeks over summer holidays and 3 weeks over Christmas and new year. I will give you as much notice as possible with these dates.
5. I use text messages and WhatsApp for straight forward communication between sessions. If urgent, you can call me during daytime on my mobile; 07414 665 382.
6. If we meet in public, I will let you take the lead in how we acknowledge each other. There is no need to acknowledge me, or you can choose to if you want to.
7. Our work together is confidential, with the exception that:
  - I discuss client work in supervision.
  - I reserve the right to break confidentiality if I believe there is serious risk of harm to yourself or someone else or when required under law.
8. I am a trainee member of United Kingdom Council for Psychotherapy (UCKP) and Association of Core Process Psychotherapists (ACCP) and abide by their Codes of Ethics.

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Agreement between Josh Lee and .....

Signed:

Date:



## Extra Information

### Your contact details:

Please indicate below your preferred forms of contact. Please add any further comments in the space below.

Phone (landline): ..... (Mobile) .....

E-mail .....

### Working online agreement:

Generally I do not work online however, in unforeseen circumstances this may take place. Completing this agreement will enable us to work online if the need arises.

1. Online sessions are held via WhatsApp or facetime connected to my mobile number; 07414665382.
2. The same payment and cancellation fees apply as in the above contract.
3. It is important to consider how confidential your space is. Wearing headphones, finding a private space where you know you won't be interrupted and turning off notifications will help support this.
4. We both agree not to record any video or audio from our sessions.
5. If we experience technical difficulties working online, we can contact each other via phone to complete the session.

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Agreement between Josh Lee and .....

Signed:

Date: